

# Good Faith Estimate

No Surprises Act Disclosure

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You have the right to receive a Good Faith Estimate of the expected costs of your mental health care services.

This estimate outlines the standard fees for services and may vary depending on your individual treatment needs.

## Services & Fees

Initial Consultation (2 hours): \$425

Ongoing Sessions (60 minutes): \$225

Sliding Scale (limited): \$100–\$200

If you receive a bill that is at least \$400 more than your Good Faith Estimate, you have the right to dispute the charges.

Client Name

Signature

Date

*This estimate is provided in good faith and is not a contract. Please reach out with any questions before your first session.*